

Private & Confidential

[REDACTED]

Date: 09/07/2026

Your Ref:

Our Ref: **356-2026**

Enquiries to: Information Governance Office

Extension: 3031

Reception: 01851 708031

E-mail: wi.foi-requests@nhs.scot

Dear Requestor,

Request for information under the Freedom of Information (Scotland) Act 2002

Further to your recent enquiry under the Freedom of Information Act, received on **25/06/2026** please find our response below. In your request you asked for the following information:

Q1 I am making a request under the Freedom of Information (Scotland) Act 2002 on ADHD and autism assessments in Scotland, for both NHS and private providers.

Please provide the following two figures for each of the four assessment types listed below, as current point-in-time figures where possible, or alternatively for the most recent available period:

- a) The median waiting time in weeks from GP referral to first assessment appointment
- b) The total number of people currently on the waiting list

The four assessment types are:

- 1. Adult ADHD assessment
- 2. CAMHS (under 18) ADHD assessment
- 3. Adult autism assessment
- 4. CAMHS (under 18) autism assessment

A1 Our Neurodevelopment (ND) pathway started in August 2024, therefore we have provided neurodevelopmental median waits after August 2024. ADHD adult assessments are undertaken by CPN team which is provided separately and not included in the ND pathway.

Autism assessments are undertaken by the neurodevelopmental assessment team independent of CAMHS. Prior to the establishment of the neurodevelopmental assessment team, these assessments were completed via the Social Communication Team, again independent of CAMHS.

Oifisean Bòrd na Slàinte
37 Mol a Deas, Steòrnabhagh, Eileanan Siar, HS1 2BB

Headquarters
37 South Beach, Stornoway, Western Isles, HS1 2BB

Cathraiche: G. NicCannon
Ceannard an Gníomh: G. MacSheumais

Chair: Gillian McCannon
Chief Executive: Gordon Jamieson



Western Isles NHS Board is the common name of Western Isles Health Board

“The best at what we do”

NHS Western Isles will work actively with patients, the public and our partners to improve our community's health and wellbeing, to tackle inequalities, and to deliver high quality, reliable clinical services.

The median waiting time in weeks from GP referral to first assessment appointment.

1. Adult ADHD assessment	52.3 weeks.
2. CAMHS (under 18) ADHD assessment	2.3 weeks <i>includes all source as referral source breakdown is not available</i>
3. Adult autism assessment	24.9 weeks.
4. Under 18 autism assessment	69.3 weeks.
5. Neurodevelopmental -under 18 assessment	70.3 weeks.

Neurodevelopmental service provides autism assessment for adult but since starting in August 2024 none has been completed so we cannot provide a median wait.

The total number of people currently on the waiting list as on 30/06/2026.

1. Adult ADHD assessment	277
2. Neurodevelopmental - under 18	164
3. Adult Neurodevelopmental assessment	78

Source Neurodevelopmental team and Morse for ADHD Adult Median waits

If you are dissatisfied with the way NHS Western Isles has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request within 40 working days and we will respond within 20 working days of its receipt. For this review you should write to Information Governance Manager, NHS Western Isles, 37 South Beach, Stornoway Isle of Lewis, HS1 2BB stating clearly why you wish a review to be carried out.

If, following the outcome of a request for review, you are still dissatisfied you have the right to make an application for a decision by the Scottish Information Commissioner under section 47(1) of the Freedom of Information (Scotland) Act 2002 within 6 months of receiving the response to review letter. The Commissioner can be contacted at Kinburn Castle, Doubledykes Road, St Andrews, Fife, KY16 9DS or by telephone on 01334 464610 or via the website www.foi.scot/appeal.

If you have any further queries regarding this response, please do not hesitate to contact me.

Yours sincerely



Carol Macdonald
Information Governance Manager