

NHS Tayside has now considered your request dated 24 June 2026

Extract from Request

“Please provide the following two figures for each of the four assessment types listed below, as current point-in-time figures where possible, or alternatively for the most recent available period:

- a) The median waiting time in weeks from GP referral to first assessment appointment
- b) The total number of people currently on the waiting list

The four assessment types are:

- 1. Adult ADHD assessment
- 2. CAMHS (under 18) ADHD assessment
- 3. Adult autism assessment
- 4. CAMHS (under 18) autism assessment”

Response

CAMHS

Q2) and Q4)

NHS Tayside CAMHS do not have an ADHD or Autism specific pathways and therefore the information requested is not held in a central location or readily available format. As such, in terms of Section 17 of the Freedom of Information (Scotland) Act 2002, this represents a notice that the information requested for part of this request is not held by NHS Tayside.

Adult Services

Angus Health and Social Care Partnership (HSCP) Response

Q1 and Q3. Angus HSCP do not have separate ADHD or Autism specific pathways and therefore the information requested is not held in a central location or readily available format. As such, in terms of Section 17 of the Freedom of Information (Scotland) Act 2002, this represents a notice that the information requested for part of this request is not held by NHS Tayside.

Perth and Kinross Health and Social Care Partnership (HSCP) Response

Q1 and Q3 Perth and Kinross HSCP do not have separate ADHD or Autism specific pathways and therefore the information requested is not held in a central location or



readily available format. As such, in terms of Section 17 of the Freedom of Information (Scotland) Act 2002, this represents a notice that the information requested for part of this request is not held by NHS Tayside.

Dundee Health and Social Care Practice (HSCP) Response

Adult ADHD Assessment

a) Dundee HSCP are unable to provide the requested information as referrals come from multiple sources and it is not possible to identify accurately referrals that originated from GPs. As such, in terms of Section 17 of the Freedom of Information (Scotland) Act 2002, this represents a notice that the information requested for part of this request is not held by NHS Tayside.

b) There are 632 individuals waiting for an ADHD related appointment.

Adult Autism Assessment

a) Within NHS Tayside, adults may receive Autism Spectrum Condition (ASC) diagnostic assessments in a range of settings including Adult Community Mental Health Teams, Older People Community Mental Health Teams, Learning Disability Teams, Psychological Therapies Services and Tayside Adult Autism Consultancy Team (TAACT). Referral systems in Tayside are dependent on a system called Trakcare. Most referrals into this system happen electronically. This system does not capture the clinical reason for referral and there is no reliable way of reporting the number of autism assessments across the whole of NHS Tayside. The only information that can be reliably reported is the total number of referrals made for all clinical presentations. As such, in terms of Section 17 of the Freedom of Information (Scotland) Act 2002, this represents a notice that the information requested for part of this request is not held by NHS Tayside.

b) There are 885 patients currently on the waiting list for an autism related appointment.

Exemptions Section – Application of Freedom of Information (Scotland) Act 2002 exemptions and Data Protection Act 2018 Principles.

Document Ref.	FOISA Exemption Applied	Justification
IGTFOISA26481	None	None

Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Tayside has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request, and you have a right to appeal to the Scottish Information Commission.



A request for an internal review must be made in writing no later than forty working days from receipt of this response and sent to:

Head of Information Governance and Cyber Assurance
MacKenzie Building (Ninewells Campus)
Ninewells Hospital and Medical School
Kirsty Semple Way
Dundee
DD2 4BF

Or by email to tay.foisa@nhs.scot

If you are not content with the outcome of the internal review, you have the right to apply directly to the Scottish Information Commissioner, within 6 months of the date of any review, for a decision. The Scottish Information Commissioner can be contacted at:

Scottish Information Commissioner
Kinburn Castle
Doubledykes Road
St Andrews
KY16 9DS

Or via the online appeal service: <https://www.foi.scot/appeal>

If you have any queries about this correspondence, please contact:

Information Governance and Cyber Assurance Team
MacKenzie Building (Ninewells Campus)
Ninewells Hospital and Medical School
Kirsty Semple Way
Dundee
DD2 4BF

Telephone - 01382 740074
E-mail: tay.foisa@nhs.scot

Information Governance and Cyber Assurance
NHS Tayside
10 August 2026

