



Dear ADHD Scot

Request FOI/1807

I am writing regarding your request made under the Freedom of Information (Scotland) Act 2002 (FOISA).

Please find NHS Shetland's response to your request below.

I trust that this response is to your satisfaction. However, if you are dissatisfied with how NHS Shetland has managed your request, under FOISA s 20 you may request a review.

A request for review must be made in writing to Carolyn Hand, Corporate Services Manager, NHS Shetland, Board Headquarters, Upper Floor Montfield, Burgh Road, Lerwick, Shetland, ZE1 0LA, or replying to this message, no later than 40 working days from the date of this notification. You must include your name, an address (or email address) for correspondence, details of your original request and the reason why you wish us to undertake the review.

If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to ask for advice and assistance or to make a formal appeal to the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife, KY16 9DS. An appeal to the Commissioner should be made within six months of this notice.

Please get in touch if you require any further advice or assistance.

Kind regards,
Kristen Wishart

FOI Officer
NHS Shetland Board Headquarters
Upper Floor Montfield
Burgh Road
Lerwick
Shetland
ZE1 0LA
nhsshotland@infreemation.co.uk

Questions to be answered

Please provide the following two figures for each of the four assessment types listed below, as current point-in-time figures where possible, or alternatively for the most recent available period:

a) The median waiting time in weeks from GP referral to first assessment appointment

1. Adult ADHD assessment
2. CAMHS (under 18) ADHD assessment
3. Adult autism assessment
4. CAMHS (under 18) autism assessment

b) The total number of people currently on the waiting list

1. Adult ADHD assessment
2. CAMHS (under 18) ADHD assessment
3. Adult autism assessment
4. CAMHS (under 18) autism assessment

If any of the above is not held in a readily reportable format, please provide the nearest available equivalent and indicate what that is.

With regards to ADHD/Autism specific waits then accordance with FOISA s 17(1), NHS Shetland confirms that it does not hold the information requested as services and patients waiting lists/referrals/appointments are not coded based on whether their waits relate to ADHD/Autism assessment.

With regards to a nearest available equivalent, figures are provided below regarding overall Adult Psychological Therapies, and CAMHS waits.
Figures are as of 30/06/2026

Adult Psychological Therapies

257 people waiting

Median waiting time: 22 weeks

CAMHS

17 people waiting

Median waiting time: 4 weeks