

Information Governance
Department
14 Lister Street
University Hospital Crosshouse
Crosshouse
Kilmarnock KA2 0BB



ADHD Scot
hello@adhdscot.co.uk

Date 09 July 2026
Your Ref
Our Ref 0458-2026

Enquiries to Freedom of Information
Extension 26112
Direct line 01563 826112
E-mail foi@aapct.scot.nhs.uk

Dear [REDACTED]

**REQUEST FOR INFORMATION
FREEDOM OF INFORMATION (SCOTLAND) ACT 2002**

Thank you for your request for the provision of the following information.

I am making a request under the Freedom of Information (Scotland) Act 2002 on behalf of ADHD Scot, an independent, non-clinical information project providing trusted, reliable information on ADHD and autism assessments in Scotland, for both NHS and private providers.

I intend to publish the data on the ADHD Scot website (adhdscot.co.uk) in a simple table format, showing each Scottish health board's figures alongside the date the data was provided, to help people understand current waiting times and consider their options.

Please provide the following two figures for each of the four assessment types listed below, as current point-in-time figures where possible, or alternatively for the most recent available period:

Waiting List as of 25 June 2026

- a) The median waiting time in weeks from GP referral to first assessment appointment
- b) The total number of people currently on the waiting list

The four assessment types are:

1. Adult ADHD assessment

Waiting – 211

Median Waiting Time – 925 days

2. CAMHS (under 18) ADHD assessment

Waiting – 470

Median Waiting Time – 1121 days

3. Adult autism assessment

Waiting – 21

Median Waiting Time – 196 days

4. CAMHS (under 18) autism assessment

Waiting – 800

Median Waiting Time – 1120 days

I trust this response is helpful. However, under the Freedom of Information (Scotland) Act 2002 if you are dissatisfied with our response you are entitled to request a review. A request for a review must be made in writing to Mrs Marie Lynch, Head of Information Governance and Data Protection Officer, NHS Ayrshire & Arran, 14 Lister Street, University Hospital Crosshouse, Kilmarnock, KA2 0BB or email DataProtectionOfficer@aapct.scot.nhs.uk, no later than 40 working days from 10 July 2026. You must provide your full name, an address for correspondence, details of your original request and say why you would like a review.

If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal appeal to the Scottish Information Commissioner at <https://www.foi.scot/appeal>

Please do not hesitate to contact me should you require any further advice or assistance.

Yours sincerely,

Tara Palmer LLM
Freedom of Information Officer
NHS Ayrshire & Arran